

2023 Carolina Challenge - 1/20/2023 to 1/21/2023
South Carolina Indoor Track & Field Complex
Meet Program - Saturday Track Events

Event 59 Men 1 Mile Run Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Ponder, Cameron	JR	Furman	
2	Lowry, Dylan		Unattached	
3	Epstein, Nick	JR	Furman	
4	Masterson, Scott	JR	Emory	
5	Dotson, Elliot	FR	Anderson (S.	
6	Galbraith, Alexander	SO	South Caroli	
7	Moore, Spencer	SR	Emory	
8	Vaughan, Spain	SO	Anderson (S.	
9	Schilit, Jordan	SR	Unattached	
10	Burr, Casey	SO	Furman	
11	Taylor, Luke	FR	Furman	
12	Lekki, Owen	SO	Davidson	
13	Vargas, Ethan	SO	Furman	
14	Greene, Burch	JR	Queens (N.C.	

Event 60 Women 1 Mile Run Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Marvin, Megan	SO	Furman	
2	Robertson, Abigail	JR	Furman	
3	Armitage, Kaylie	FR	Furman	
4	Jones, Molly	JR	Coastal Caro	
5	Urban, Annika	SR	Emory	
6	Devis, Emma	SR	Georgia Stat	
7	Wolski, Ellie	FR	Coastal Caro	
8	Mattison, Kate	JR	Western Caro	
9	Whitworth, Frances	JR	Davidson	
10	Harris, Nichole	SO	Georgia Sout	
11	Pierontoni, Emily	SO	South Caroli	
12	Bowers, Savannah	JR	South Caroli	
13	Quillen, Aubrey	JR	Anderson (S.	
14	Monroque, Kamillah	SR	Coppin State	

Event 61 Men 400 Meter Dash Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 4 Finals				
1				
2				
3	Harris, Michael	JR	Western Caro	
4	Lindo, Akeem	SR	N. Carolina	
5	Hayles, Reheem	SO	N. Carolina	
6	Spencer JR, William	JR	South Caroli	
Section 2 of 4 Finals				
1				
2				
3	Straley, Noah	FR	Western Caro	
4	Harris, Devonte	JR	Coastal Caro	
5	Stewart, Rashaun	JR	Coppin State	
6	Johnson, Robert	SO	Coastal Caro	

Section 3 of 4 Finals

1			
2			
3	Paul, Matthew	JR	Benedict
4	Best, Javel	JR	Benedict
5	Cunningham, Daniel	JR	Coppin State
6	Hale, Jakwan	JR	Tennessee

Section 4 of 4 Finals

1			
2			
3	Schittenhelm, Mark	JR	Queens (N.C.
4	Newton, Treonte	SR	Citadel
5	Junkins, Jackson	SR	South Caroli
6	Griffith, Rasheeme	JR	Tennessee

Event 62 Women 400 Meter Dash Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 4 Finals				
1				
2				
3	Gordon, Lauren	JR	Coastal Caro	
4	Johnson, Alysia	SO	South Caroli	
5	Barber, Kaila	SR	Unattached	
6	Griffin, Jada	SR	N. Carolina	
Section 2 of 4 Finals				
1				
2				
3	Frank, Vennessa	SR	Troy	
4	Kelety, Elena	FR	South Caroli	
5	Wright, Jessica	SR	Howard	
6	Tomlinson, Shenelle	SR	Coppin State	
Section 3 of 4 Finals				
1				
2				
3	Benton, Brianna	FR	Coppin State	
4	White, Amaryah	JR	Coastal Caro	
5	Alphonse, Kimani	SR	Coppin State	
6	Foster, Andrea	SR	TRS	

Section 4 of 4 Finals

1			
2			
3	Gisolffi-McCready, Aleia	SO	Davidson
4	Flanagan, Imani	SR	Georgia Stat
5	Ayikoru, Scovia	SR	Georgia Sout
6	Valcourt, Javonya	FR	Tennessee

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Event 53 Men 3000 Meter Run Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Greer, Luke		Unattached	
2	Schubert, Dylan	SO	Furman	
3	Williams, Carson	SO	Furman	
4	Amaral, Rogerio	SO	South Caroli	
5	Ahlmeyer, David	JR	Furman	
6	Goldstein, Nicholas	SO	Furman	
7	Cox, Mitch	JR	Queens (N.C.	
8	Beucler, Adam	JR	Furman	
9	Powers, Josh	JR	Furman	
10	Lowry, Dylan		Unattached	
11	Schilit, Jordan	SR	Unattached	
12	Ehemann, Kenny	SO	Davidson	
13	Siebert, Charlie	SO	Davidson	

Event 54 Women 3000 Meter Run Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Jones, Molly	JR	Coastal Caro	
2	Mulhern, Jenna	FR	Furman	
3	Bower, Sierra	SO	Furman	
4	Little, Emily	SO	Furman	
5	Jones, Emma	FR	Furman	
6	Zeigler, Ella	FR	South Caroli	
7	Locke, Lauren	SR	Troy	
8	Gait-Smith, Gabriella	FR	South Caroli	
9	Withers, Hayden	FR	South Caroli	
10	Banks, Jada	SR	SC State	
11	Hilliard, Caroline	SR	Western Caro	
12	Boyd, Anna	FR	South Caroli	
13	MacDonald, Cara	FR	Queens (N.C.	

Event 57 Men 800 Meter Run Invite

Run in lanes(1-turn stagger)				
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	3 Simmons, Paris		Unattached	
2	Smith, Matthew	SO	Furman	
3	dosReis, Joe	SO	Davidson	
4	Drometer, Owen	JR	Davidson	
5	Ba, Amadou	SR	Coppin State	
6	Williams, Carson	SO	Furman	
Section 2 of 2 Finals				
1	Chin, Jalen	JR	N. Carolina	
2	Cheema, Marcus	SO	Emory	
3	Armstrong, Chance	JR	Troy	
4	Wright, William	FR	South Caroli	
5	Thornton, Matron	JR	SC State	
6	Debrock, Augustin	SO	Limestone	
7	Hatton, Aidan	SO	South Caroli	

Event 58 Women 800 Meter Run Invite

Run in lanes(1-turn stagger)				
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Gbolade, Ayoola	SR	N. Carolina	
2	Marvin, Megan	SO	Furman	
3	Registre, Jahnile	SO	South Caroli	
4	Wennersten, Camryn	FR	Furman	
5	Sommer, Svenja	SO	South Caroli	
6	Kelly, Fajr	SO	N. Carolina	
7	Gayle, Kieleley	SO	South Caroli	
Section 2 of 2 Finals				
1	Wise-Sweat, Amilia	SO	Coastal Caro	
2	Zamrowski, Grace	SO	South Caroli	
3	Mattison, Kate	JR	Western Caro	
4	Fuller, Breila	SR	Davidson	
5	Costantino, Alexandria	SO	South Caroli	
6	Wyatt, Jahmei	SO	Coppin State	

Event 65 Men 200 Meter Dash Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 4 Finals				
1				
2				
3	Jackson, Lirante	SR	Benedict	
4	Croom-McFadden, Malcol	SR	N. Carolina	
5	Miller, Evan	SR	South Caroli	
6	Greenhow, Anthony	SO	South Caroli	
Section 2 of 4 Finals				
1				
2				
3	Wilkins, Garrett	SO	Coastal Caro	
4	Wright, Noxroy	JR	Coppin State	
5	Nya, Brandon	JR	N. Carolina	
6	Hale, Jakwan	JR	Tennessee	
Section 3 of 4 Finals				
1				
2				
3	lara, che'	SR	Limestone	
4	Turner, Kendall	SR	N. Carolina	
5	Robinson, Alex	JR	Troy	
6	Chambers, Shemar	JR	N. Carolina	
Section 4 of 4 Finals				
1				
2	Byrd, Jermanie	SR	Howard	
3	Modeste, Kurt	SR	Limestone	
4	Meadows, Noah	JR	Southern Wes	
5	Ward, Jayson	FR	South Caroli	
6	2 Charleston, Cravont		Unattached	

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Event 66 Women 200 Meter Dash Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 4 Finals				
1				
2				
3	Frost, Naveyh	SO	Troy	
4	Sweeney, Kayla	JR	Coastal Caro	
5	Jamison, Jayla	SO	South Caroli	
6	Brown Edwards, Felicia		Unattached	
Section 2 of 4 Finals				
1				
2				
3	Scott, Pebbles	SO	N. Carolina	
4	Griffin, Jaera	SO	N. Carolina	
5	Francis, Aalliyah	FR	South Caroli	
6	Pittman, Tiffani Rae	SO	Howard	
Section 3 of 4 Finals				
1				
2				
3	Flanagan, Imani	SR	Georgia Stat	
4	Hor, Halutie	JR	Coppin State	
5	Frank, Angel	JR	South Caroli	
6	Watson, Najhyrai	FR	Georgia Sout	
Section 4 of 4 Finals				
1				
2				
3	Alston, Jharna		Unattached	
4	Washington, Lamaria	SO	Howard	
5	Parker, Devine	JR	Georgia Sout	
6	Ayikoru, Scovia	SR	Georgia Sout	

Event 55 Men 5000 Meter Run Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Olpin, Tristan	SO	Emory	
2	Kibet, Donald	FR	Benedict	
3	Chase, Adam		Unattached	
4	Nelson, Ty	SO	Anderson (S.	
5	Roberts, Jonathan	SO	Anderson (S.	
6	Heal, Tom	FR	Queens (N.C.	
7	Adebiyi, Ayoade	SR	Howard	
8	Kipkemboi, Nelson	SO	Benedict	
9	Goode, Hayden	SO	North Greenv	
10	Holcombe, Jacob	SR	North Greenv	

Event 56 Women 5000 Meter Run Invite

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Hidalgo, Natalia	SO	Queens (N.C.	
2	Ptaszynska, Weronika	FR	Queens (N.C.	
3	Ribbink, Kira	SO	Queens (N.C.	
4	Matthews, Elise	SO	Anderson (S.	
5	Prugh, Amy	SO	Gardner-Webb	
6	Fortin, Heidi	SR	Citadel	
7	Scherrer, Liesl	SO	Emory	
8	Golden, Emily	SO	Anderson (S.	
9	Hu, Claire	SR	Emory	
10	Crosby, Joslyn	SO	Howard	
11	Cason, Teanna	JR	Troy	

Event 16 Men Distance Medley

American: 9:19.93 1/16/2015
Centrowitz, Berry, Sowinski, Casey
NCAA: 9:25.97 2/16/2008
Miller, Fortson, Hernandez, Manzano
Facility: 9:55.14 2/8/2020 Embry-Riddle
Collins, Thomas, Hruda, Warren

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	South Caroli	B	
	1) Mangione, Jacob SO	2) Wright, William FR	
	3) Mensch, Jack JR	4) Mathis, Ethan FR	
2	South Caroli	A	
	1) Dawson, Jackson FR	2) Galbraith, Alexander SO	
	3) Hatton, Aidan SO	4) Luke, George SO	
3	Limestone	A	
	1) Taylor, Judson FR	2) Shivers, John FR	
	3) Debrock, Augustin SO	4) Stinson, Kennedy JR	
4	Limestone	B	
	1) Gallagher, Danial FR	2) Andrews, TJ FR	
	3) Guion, Dylan FR	4) Glick, Paul FR	
5	Western Caro	A	
	1) Elwell, Jalen JR	2) Ambrose, Kaleb SR	
	3) Steiner, Levi FR	4) Martin, Matthew FR	
6	North Greenv	A	
	1) Bertoni, Thaddaeus FR	2) Kowalski, Ryland SO	
	3) Beebe, Jaxon SO	4) Dugar, Brandon SO	
	5) Tipton, Eli FR	6) Barnett, Chandler SO	
	7) Martin, Luke SO	8) Ketter, Tarrence SO	

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Event 15 Women Distance Medley

American: 10:40.31 1/28/2017		
Brown, Jones, Krumpoch, Martinez		
NCAA: 10:48.77 1/17/2017		
L. Burdon, A. Horsley, R. Rogers, K. Rainsberger,,		
Facility: 11:27.14 2/8/2020 Clemson		
Barton, McIntosh, Foster, Harris		
Lane	Team	Relay Seed Time
Section 1 of 1 Finals		
1	South Caroli	B
	1) Parsons, Gabriella FR	2) Lombardi, Maria FR
	3) Pisani, Isabella SO	4) Zeruesenay, Mahalet FR
2	Howard	A
3	Georgia Sout	A
	1) Harris, Nichole SO	2) Hilton, Megan SO
	3) Ptacek, Isabel JR	4) Ranck, Katie SO
4	Western Caro	A
	1) Caldwell, Alesea SO	2) Smith, Jasmine FR
	3) Green, Landey FR	4) Klemm, Sara SO
5	North Greenv	A
	1) Futrell, Kylie SO	2) Miller, Brianna FR
	3) Nicholson, Riley FR	4) Justice, Zoie FR
	5) Shope, Avery FR	6) Copeland, Kaylee SO
	7) Gonzalez, Juliana FR	8) Chelton, Hannah FR
6	South Caroli	A
	1) Zamrowski, Grace SO	2) Sommer, Svenja SO
	3) Smith, Emily SO	4) Pellizzari, Jenna SO

Event 63 Men 4x400 Meter Relay Invite

Lane	Team	Relay Seed Time
Section 1 of 3 Finals		
1		
2		
3	Limestone	A
4	South Caroli	A
5	N. Carolina	A
6	Coppin State	A
Section 2 of 3 Finals		
1		
2		
3	Davidson	A
4	N. Carolina	B
5	South Caroli	B
6	Coastal Caro	A
Section 3 of 3 Finals		
1		
2		
3	Emory	A
4	North Greenv	A
5	Coppin State	B
6	SC State	A

Event 64 Women 4x400 Meter Relay Invite

Lane	Team	Relay Seed Time
Section 1 of 3 Finals		
1		
2		
3	N. Carolina	A
4	Coastal Caro	A
5	South Caroli	A
6	Howard	A
Section 2 of 3 Finals		
1		
2		
3	Troy	B
4	South Caroli	B
5	Howard	B
6	Troy	A
Section 3 of 3 Finals		
1		
2		
3	Davidson	A
4	Georgia Sout	A
5	Coppin State	A
6	Georgia Stat	A