

Carolina Challenge 1/20-1/21 **Final Schedule**

Friday Field—1/20

Time	Gender	Event	Section	Notes
8:00 AM		Doors Open		
10:00 AM	W	Weight Throw	Open Final—all but top 9	16.55m and below—4 throws
10:00 AM	M	Shot Put	Open Final—all but top 9	15.14 and below—4 throws
10:00 AM	W	Long Jump	Open Final—all but top 9	5.50m and below—4 jumps
10:00 AM	M	Long Jump	Open Final—all but top 9	7.20 and below—4 jumps
2:00 PM	M	Weight Throw	Open Final—all but top 9	16.49 and below—4 throws
2:00 PM	W	Shot Put	Open Final—all but top 9	13.50m and below—4 throws
3:00 PM	W	Triple Jump	Open Final—all but top 9	11.73m and below—4 jumps
3:00 PM	M	Triple Jump	Open Final—all but top 9	14.85 and below—4 jumps
4:00 PM	W	Pole Vault	Final—All Competitors	

Friday Track—1/20

Time	Gender	Event	Section	Notes
8:00 AM		Doors Open		
10:30 AM	M	3k		8:46.43 to 8:59.89
10:40 AM	M	3k		9:00 to 9:25
10:50 AM	M	3k		9:25.01 and slower
11:10 AM	W	3k		10:52.01 to 11:35.60
11:25 AM	W	3k		11:35.61 and slower
11:40 AM	M	Mile		4:37.32 to 4:49.00
11:50 AM	M	Mile		4:49.01 and slower
12:00 PM	W	Mile		5:30 to 5:40
12:10 PM	W	Mile		5:40.01 to 6:18.01
12:20 PM	W	Mile		6:18.02 and slower
12:30 PM	M	60m	Trials—Top 8 times advance to Semis	6.91 and slower
1:00 PM	W	60m	Trials—Top 8 times advance to Semis	7.66 and slower
1:30 PM	M	60mh	Trials—Top 8 times advance to Semis	8.20 and slower

Carolina Challenge 1/20-1/21 **Final Schedule**

1:50 PM	W	60mh	Trials—Top 8 times advance to Semis	8.82 and slower
2:20 PM	M	Mile	Final—All but Top 13	4:17.05 to 4:25.00
2:30 PM	M	Mile	Final—All but Top 13	4:25.01 to 4:36.59
2:40 PM	W	Mile	Final—All but Top 14	5:09.95 to 5:15.20
2:50 PM	W	Mile	Final—All but Top 14	5:16.85 to 5:27.84
3:00 PM	M	400m	Final—All but Top 16	49.21 and slower
3:30 PM	W	400m	Final—All but Top 16	56.18 and slower
4:10 PM	M	60m	Semifinals—Top 8 + Top 15	6.90 entry and faster pre-advance to Semis
4:20 PM	W	60m	Semifinals—Top 8 + Top 16	7.65 entry and faster pre-advance to Semis
4:30 PM	W	60mh	Semifinals—Top 8 + Top 16	8.81 entry and faster pre-advance to Semis
4:40 PM	M	60mh	Semifinals—Top 8 + Top 15	8.19 entry and faster pre-advance to Semis
4:50 PM	M	800m	Final—All but Top 14	2:14.41 and slower
5:15 PM	W	800m	Final—All but Top 14	1:53.50 and slower
5:50 PM	M	200m	Final—All but Top 16	21.40 and slower
6:30 PM	W	200m	Final—All but Top 16	24.28 and slower
7:10 PM	M	60m	Finals	
7:15 PM	W	60m	Finals	
7:20 PM	M	60mh	Finals	
7:25 PM	W	60mh	Finals	
7:30 PM	M	3k	Final—All but Top 12	8:25 to 8:45
7:40 PM	W	3k	Final—All but Top 14	10:22.44 to 10:52
7:55 PM	M	5k	Final—All but Top 12	16:00 and slower
8:15 PM	W	5k	Final—All but Top 12	18:45 and slower
8:35 PM	M	4x4	Final—All but Top 12	3:16.41 and slower
8:50 PM	W	4x4	Final—All but Top 12	3:48.01 and slower

Carolina Challenge 1/20-1/21 **Final Schedule**

Saturday Field—1/21

Time	Gender	Event	Section	Cutoff Mark
8:00 AM		Doors Open		
10:00 AM	M	High Jump	Open Final—all but top 10	1.97 and below
11:00 AM	W	Weight Throw	Invite Final—Top 9	16.56m
12:00 PM	M	Long Jump	Invite Final—Top 9	7.22m
12:00 PM	W	Long Jump	Invite Final—Top 9	5.61m
12:30 PM	M	Weight Throw	Invite Final—Top 9	16.50m
12:30 PM	W	High Jump	Final—All Competitors	
1:00 PM	M	Pole Vault	Final—All Competitors	
2:00 PM	W	Shot Put	Invite Final—Top 9	13.51m
2:30 PM	W	Triple Jump	Invite Final—Top 9	11.81m
2:30 PM	M	Triple Jump	Invite Final—Top 9	15.16m
3:00 PM	M	High Jump	Invite Final—Top 10	2.00m
3:30 PM	M	Shot Put	Invite Final—Top 9	15.25m

Saturday Track—1/21

Time	Gender	Event	Section	Cutoff Time
8:00 AM		Doors Open		
1:00 PM	M	Mile	Final—Top 13 times	4:15.09
1:10 PM	W	Mile	Final—Top 14 times	5:07.99
1:20 PM	M	400m	Final—Top 16 times	49.2
1:35 PM	W	400m	Final—Top 16 times	56.17
1:50 PM	M	3k	Final—Top 12 times	8:19.50
2:05 PM	W	3k	Final—Top 14 times	10:22.43
2:20 PM	M	800m	Final—Top 14 times	1:53.38
2:30 PM	W	800m	Final—Top 14 times	2:13.16
2:40 PM	M	200m	Final—Top 16 times	21.39
2:55 PM	W	200m	Final—Top 16 times	24.27
3:10 PM	M	5k	Final—Top 12 times	15:47.88
3:30 PM	W	5k	Final—Top 12 times	18:37.21
3:50 PM	M	DMR	Final—All Teams	
4:05 PM	W	DMR	Final—All Teams	
4:20 PM	M	4x4	Final—Top 12 times	3:16.40
4:30 PM	W	4x4	Final—Top 12 times	3:48.00

Carolina Challenge 1/20-1/21 **Final Schedule**